

**Research Paper** 



2022; 12(17): 7237-7249. doi: 10.7150/thno.77345

# MMP 9-instructed assembly of bFGF nanofibers in ischemic myocardium to promote heart repair

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Received: 2022.07.21; Accepted: 2022.10.03; Published: 2022.10.17

#### Abstract

**Background**: The only effective treatment for myocardial infarction (MI) is the timely restoration of coronary blood flow in the infarcted area, but further reperfusion exacerbates myocardial injury and leads to distal coronary no-reflow, which affects patient prognosis. Angiogenesis could be an important therapeutic strategy for re-establishing the blood supply to save the ischemic myocardium after MI. Basic fibroblast growth factor (**bFGF**) has been shown to promote angiogenesis. However, direct intravenous administration of **bFGF** is not a viable option given its poor half-life *in vivo*.

**Methods**: Herein, we developed a peptide Lys-Lys-Pro-Leu-Gly-Leu-Ala-Gly-Phe-Phe (K2) to encapsulate **bFGF** to form **bFGF@K2 micelle** and proposed an enzyme-instructed self-assembly (EISA) strategy to deliver and slowly release **bFGF** in the ischemic myocardium.

**Results:** The **bFGF@K2** micelle exerted a stronger cardioprotective effect than free **bFGF** in a rat model of myocardial ischemia-reperfusion (MI/R). *In vitro* results revealed that the **bFGF@K2** micelle could be cleaved by matrix metallopeptidase 9 (MMP-9) to yield **bFGF@Nanofiber** through amphipathic changes. *In vivo* experiments indicated that intravenous administration of **bFGF@K2** micelle could lead to their restructuring into **bFGF@Nanofiber** and long term retention of **bFGF** in the ischemic myocardium of rat due to high expression of MMP-9 and assembly-induced retention (AIR) effect, respectively. Twenty-eight days after MI/R model establishment, **bFGF@K2** micelle treatment significantly reduced fibrosis and improved cardiac function of the rats.

**Conclusion:** We predict that our strategy could be applied in clinic for MI treatment in the future.

Key words: Assembly, Basic fibroblast growth factor, Matrix metallopeptidase 9, Myocardial ischemia-reperfusion, Slow-release

#### Introduction

Myocardial infarction (MI) is often accompanied by adverse cardiac events, such as arrhythmia, enlarged infarct size, and persistent ventricular systolic dysfunction [1]. To treat MI, it is important to restore blood supply to the ischemic myocardium in a timely manner to prevent tissue necrosis [2]. However, reperfusion of blood flow to the ischemic myocardium may exacerbate cellular injury, which is known as myocardial ischemia-reperfusion (MI/R) injury [3]. This MI/R injury is mainly attributed to endothelial swelling, myocardial edema, and the inflammatory response, and it may result in distal coronary no-reflow [4]. Recent advances in percutaneous intervention, drug therapy, and artery bypass grafts have led to a significant reduction in the mortality rate of patients associated with MI. Nevertheless, even after timely reperfusion, many patients still develop progressive heart failure due to ventricular remodeling-related complications, which seriously impaired the prognosis and life quality of the patients [5, 6]. Therefore, how to enhance cardioprotection (e.g., through angiogenesis) and reduce cardiomyocyte death after MI are important for MI treatment but remain challenging.

Current strategies to promote angiogenesis of ischemic myocardial tissues mainly use therapeutic agents, such as strontium ions [7], growth factors [8, 9], and siRNA-21 [10]. And these agents have shown promising effects on myocardial remodeling alleviation and heart function recovery enhancement. In particular, members of the fibroblast growth factor (FGF) family have a strong capacity to promote angiogenesis and are frequently used to repair tissue damage [11]. Among them, basic fibroblast growth factor (bFGF), a key member of the FGF family, plays a significant role in the treatment of various ischemic diseases and injuries, such as ischemic stroke [12, 13], wounds [14], and spinal cord injuries [15]. Studies have shown that **bFGF** increases myocardial collateral blood flow in MI or MI/R animal models [16-18]. However, although a single intracoronary infusion of **bFGF** was found to alleviate symptoms of angina in clinical trials, it failed to improve the exercise tolerance or myocardial perfusion [19]. This deficiency may attribute to its poor half-life in blood circulation, rapid loss of biological activity under enzymatic degradation, or rapid diffusion from the site of administration [20, 21].

To further prolong drug retention, as a nanofibrous three-dimensional scaffolds, electrospun fibers exhibit promising drug delivery capabilities [22, 23]. Moreover, laying electrospun fiber patches to the epicardium of the infarcted region can normally generate the greatest cardiac retention [24]. However, this kind of treatment is difficult to implement because of large trauma range, and is not suitable for patients with MI. Recently, hydrogels have been used as the main carriers for their encapsulations. In preclinical studies [8, 25, 26] or clinical trials [27, 28], direct intramyocardial injections of the hydrogels at the site of ischemic myocardium significantly improved the retentions of the drug. Nevertheless, safety of the intramyocardially injected hydrogels needs further evaluation at the clinical level [27]. This is because that, due to the weakened ischemic myocardial wall, intramyocardial injection increases the risk of heart rupture in the acute phase after MI/R

[29, 30]. Therefore, there is an ongoing demand to develop a "smart" intravenous drug administration method to slowly release drugs (e.g., **bFGF**) within the ischemic myocardium.

The *in situ* assembly-induced retention (AIR) effect of supramolecular peptide nanostructures has shown excellent drug-carrying capacity. These nanostructures can self-assemble within target organs and slowly release drugs to improve diagnosis and treatment efficiencies [31-34]. There are many stimuli that can trigger the AIR effect, including reduced glutathione (GSH) [35], pH [32], and enzymes [33, 34, 36]. Enzyme-instructed self-assembly (EISA), which enables more precise formation of in situ assemblies under disease-specific enzymes in vivo, has been widely used in biomaterial studies. In addition, peptides for EISA strategies self-assemble via noncovalent interactions and show high biocompatibility and degradability [37, 38], making them suitable candidates for organ protections. Recently, we proposed an EISA strategy for alkaline phosphatase (ALP)-triggered local self-assembly of dexamethasone (Dex), which significantly improves the anti-inflammatory effects of Dex for hepatic fibrosis treatment [36]. Despite systemic delivery of supramolecular nanofibers approach has significantly prolonged drug retention within the ischemic myocardium [39, 40], a "smart" EISA strategy capable of assembling and slow releasing drug within the ischemic myocardium has not been reported.

Matrix metallopeptidase 9 (MMP-9) expression is upregulated after MI. The expression of MMP-9 increases sharply within 24 h post MI [41] and remains high for 15-28 days [8, 42]. Therefore, MMP-9 is a reasonable target enzyme in the treatment of MI/R. Moreover, the characteristic vascular leakage after MI leads to an enhanced permeability and retention (EPR) effect of ischemic myocardium which is beneficial for nanostructure accumulations [43]. Based on these findings, we intended to design a **bFGF**-containing nanostructure which firstly would accumulate in ischemic myocardium. Then, in situ MMP would transform the nanostructure to form bFGF nanofibers in ischemic myocardium, rendering a slow release of **bFGF** to promote cardiac repair. Thus, we designed a supramolecular precursor peptide Lys-Lys-Pro-Leu-Gly-Leu-Ala-Gly-Phe-Phe (K2) which contains a Pro-Leu-Gly-Leu-Ala-Gly (PLGLAG) sequence for MMP-9 cleavage (PLG LAG) [44]. Upon MMP cleavage, K2 is converted to an amphiphilic product Leu-Ala-Gly-Phe-Phe (LAGFF) for nanofiber formation (Figure 1A). We found that, the peptide K2 itself forms K2 micelle in vitro through its amphiphilic equilibrium, and the hydrophobic core of **K2 micelle** is able to load **bFGF** to form **bFGF@K2** 

micelle (Figure 1B). In the presence of MMP, K2 peptide on the surface of bFGF@K2 micelle is cleaved, transforming the micelles into bFGF@ Nanofiber, as shown in Figure 1B. After the bFGF@K2 micelle are injected to the MI/R rats through tail vein, the micelles are circulated in ischemic myocardium via the bloodstream and on site accumulated due to the EPR effect of ischemic myocardium (Figure 1C). Then, an MMP-based EISA occurs, transforming the micelles into bFGF@ Nanofiber nanofibers. EISA-formed nanofibers not only retain **bFGF** for a longer time but also slowly release it via the AIR effect (Figure 1C). Our approach will significantly improve the therapeutic efficacy of myocardial repair by promoting angiogenesis and inhibiting apoptosis in ischemic myocardium (Figure 1C).

#### **Results and Discussion**

### Syntheses and characterization of bFGF@K2 micelle

We first synthesized and characterized the amphipathic peptide K2 (Figure S1-3). The results of dynamic light scattering (DLS) showed that, at 1 mM K2, the K2 micelle had a mean particle size of 89.0 ± 15.8 nm and their sizes increased with the increase of K2 concentration (Figure S4A-C). Zeta potential measurements showed that the zeta potential of K2 was  $13.9 \pm 0.7$  mV at pH 7.4 (Figure S5), and the isoelectric point (pI) value of recombinant bFGF was 9.6. Therefore, we thought that additional formation bFGF@K2 micelle was of through direct encapsulation of **bFGF** by the hydrophobic core of **K2** micelle (Figure 1B). This type of core-shell structure of bFGF@K2 micelle well protects bFGF from enzymatic degradation during blood circulation. To investigate the encapsulation efficiency (EE%) of the bFGF@K2 micelle, a mixture of bFGF and K2 was after alternating centrifuged vortexing and ultrasonication, and the concentration of **bFGF** in the supernatant was measured using enzyme-linked immunosorbent assay (ELISA). The EE% of the bFGF@K2 micelle is shown in Figure S6. As the concentration of K2 increased, the maximum EE% reached 29.6 ± 6.9% at 1 mM K2 (bFGF 1 µM), suggesting that the concentration of the peptide plays a pivotal role in EE%. The size of the bFGF@K2 micelle as measured by DLS was 227.1 ± 33.4 nm (Figure S4D), which met the particle size requirement of the EPR effect.

## MMP-9 triggered morphological transitions of peptide nanostructures for bFGF encapsulation

Next, we verified the in vitro conversion of micelles to nanofibers in response to MMP-9. First, MMP-9 (100 ng/mL) was added to a 1 mM K2 solution at 37 °C (pH 7.4). The products of the reaction were characterized and quantified by high-performance liquid chromatography (HPLC). A peptide fragment LAGFF obtained by solid phase peptide synthesis (SPPS) was used as a control for above HPLC analysis. Figure S7 shows that, upon 24 h incubation, 77% of K2 was cleaved by MMP to yield LAGFF (Figure S8). As we know, MMP-9 has a pI of 5.7 and is negatively charged at physiological condition (i.e., pH 7.4). Therefore, its efficiency in cleaving cationic peptides through electrostatic interactions is significantly higher than its efficiency in cleaving negatively charged peptides, and the specific cleavage site is  $P1\downarrow P1'$  (G $\downarrow L$ ) [45]. In this study, at pH 7.4, K2 is positively charged which is beneficial to efficient MMP-9 cleavage through electrostatic interaction to yield LAGFF.

Under transmission electron microscopy (TEM) observation, both K2 micelle and bFGF@K2 micelle showed uniform spherical structures (Figure 2A, B), whose sizes were in accordance with above DLS results, respectively. After K2 were mixed with bFGF, spherical micellar structures were still maintained, indicating **bFGF** was effectively encapsulated into the hydrophobic core of K2 micelle to form bFGF@K2 micelle. Atomic force microscopy (AFM) images show that peptide K2 sequences form spherical nanostructures (Figure S9A), and in the presence of bFGF, spherical aggregates are still observed (Figure S9B). After 24 h incubation of MMP-9 with K2 micelle, we found that the incubation solution transformed to opaque hydrogel (top right inset in Figure 2A). TEM image showed uniform LAGFF nanofibers in the enzymatic hydrogel with an average diameter of  $59.0 \pm 21.6$  nm (right panel of Figure 2A), which were consistent with those in the synthetic LAGFF hydrogel obtained under a heating-cooling process (Figure S10). Similarly, we found that, after 24 h incubation with MMP, bFGF@K2 micelle transformed into opaque hydrogel (top right inset in Figure 2B). TEM image showed uniform nanofibers in the hydrogel with an average diameter of  $85.7 \pm 12.5$ nm (right panel of Figure 2B). Interestingly, roundish particles of **bFGF** were found on the nanofibers (red arrows in Figure 2B), suggesting the enzymatic nanofibers of bFGF@K2 micelle were still able to load bFGF.



Figure 1. (A) Chemical structure of the MMP-9-responsive peptide K2. (B) Schematic illustration of the composition of bFGF@K2 micelle and its transformation to bFGF@Nanofiber upon MMP-9 cleavage. (C) Schematic illustration of the conversion of bFGF@K2 micelle to bFGF@Nanofiber in response to high expression of MMP-9 in the ischemic myocardium after intravenous injection. Slowly release of bFGF inhibited fibrosis and improved cardiac function in MI/R rats by inhibiting apoptosis and promoting angiogenesis in ischemic myocardium.

Next, the viscoelastic properties of above two hydrogels were investigated by rheology. First, dynamic strain sweeps were performed on the hydrogels. As shown in Figure S11, the storage modulus (G') values of these two hydrogels were higher than their loss modulus (G'') on strains ranging from 0.1% to 10%, implying that these two samples are hydrogels. Further, the strain amplitude was set at 0.1%, and the dynamic frequency sweeps of two hydrogels were tested. The G' and G'' values of these two hydrogels slightly increased with increase of frequency from 0.1 to 10 Hz, and the G' values were higher than their G", indicating that these two hydrogels can tolerate external force. Meanwhile, the bFGF@Nanofiber hydrogel was elastically stronger than that hydrogel without bFGF, indicating that coassembly with **bFGF** protein can enhance the mechanical strength of hydrogels.

In a parallel study, circular dichroism (CD) spectra of the K2 micelle and bFGF@K2 micelle before and after MMP-9 treatment were obtained to investigate the secondary structure changes during their nanostructure transformations, respectively. As shown in Figure 2C,D, no secondary structure was formed in either K2 micelle or bFGF@K2 micelle. In the presence of MMP, besides the incubation solutions transformed into hydrogels as above mentioned, CD spectra of both K2 micelle and bFGF@K2 micelle incubations showed a positive peak near 198 nm, indicating  $\beta$ -sheet-like secondary structures were formed in the hydrogels (Figure 2C,D) [46]. Above results showed that MMP-9 indeed triggered the transformation of micelles into nanofibers while in the meantime, did not affect the encapsulation of **bFGF** in the nanostructures.



Figure 2. (A) TEM images of K2 micelle (left, inset is photograph of its solution) and 20 mM K2 micelle incubated with 2 µg/mL MMP-9 for 24 h (right, inset is photograph of the hydrogel). (B) TEM images of bFGF@K2 micelle (left, inset is photograph of its solution) and 20 mM bFGF@K2 micelle incubated with 2 µg/mL MMP-9 for 24 h (right, inset is photograph of its solution) and 20 mM bFGF@K2 micelle incubated with 2 µg/mL MMP-9 for 24 h (right, inset is photograph of its solution) and 20 mM bFGF@K2 micelle incubated with 2 µg/mL MMP-9 for 24 h (right, inset is photograph of the hydrogel). CD spectra of 20 mM K2 micelle (C) and 20 mM bFGF@K2 micelle (D) incubated with (or w/o) MMP-9 for 24 h.

To further determine the nanofiber formation ability of bFGF@K2 micelles under MMP-9 cleavage, we first examined the critical micelle concentration (CMC) of the synthetic fragment LAGFF. Gelation concentration-dependent transmittance measurements showed that the CMC of synthetic fragment LAGFF was 164.34 µM (Figure S12). Then, 100 ng/mL MMP-9 was incubated with bFGF@K2 micelles at different concentrations (0.25, 1.25, or 5 mM). From TEM images, we found that, with the decrease of **bFGF@K2** micelles concentration, fiber number and diameter of bFGF@Nanofibers significantly decreased (Figure S13). Moreover, as shown in Figure S13, nanofibers were generated even at a micelle concentration of 0.25 mM. These indicate that the bFGF@K2 micelles can be cleaved by MMP-9 to form bFGF@Nanofibers at low concentrations.

#### Assessment of bFGF@K2 micelles stability

Because MMP-9 is a secreted protease, elevated MMP-9 in the blood may have different effects on the stability of **bFGF@K2 micelles**. In order to evaluate the stability of **bFGF@K2 micelle** *in vivo*, we first detected the concentration of MMP-9 in blood and ischemic myocardium of MI/R rats using ELISA. As shown in Figure S14, MMP-9 in blood increased from  $54.22 \pm 19.45$  ng/mL at 0 h to  $196.47 \pm 35.46$  ng/mL at 36 h after MI/R injury, and MMP-9 in ischemic

myocardium increased from  $935.62 \pm 125.27$  ng/g at 0 h to  $3048.37 \pm 656.97$  ng/g at 36 h. This illustrates that MMP-9 concentration in ischemic myocardium was much higher than that in the blood. Next, we extracted the serum of rats at 36 h post-MI/R, and then prepared the incubation solution with PBS at 1:1. After incubating the bFGF@K2 micelles with the above incubation solution for 2 h, 4 h, 8 h, or 16 h, respectively, the incubation solution was then centrifuged for 25 min at high speed. A stability study of bFGF@K2 micelles was conducted via TEM observation of the precipitation and measuring **bFGF** concentration in the supernatant with ELISA. As shown in Figure S15A, after 8 h of incubation, the micelles were still able to maintain their morphology, while a large number of nanofibers appeared after 16 h incubation. Likewise, no apparent free bFGF appeared in the supernatant within 8 h of incubation (Figure S15B). Above results indicated that the bFGF@K2 micelles had certain stability, which is appropriate for subsequent in vivo experiments.

### Cumulative release of bFGF from the bFGF@Nanofibers in vitro

After **bFGF@K2** micelles were cleaved by MMP-9 to yield **bFGF@Nanofiber** hydrogels, we analyzed the release profile of **bFGF** from the **bFGF@Nanofibers** hydrogels *in vitro*. First, we

incubated 500  $\mu$ L PBS (0.01 M, pH 7.4) with 200  $\mu$ L **bFGF@Nanofiber** hydrogel at 37 °C. At different time points (1, 2, 4, 8, or 14 d), 500  $\mu$ L PBS was collected and replaced. The amount of **bFGF** in the collected PBS was measured using ELISA kits. As shown in Figure S16, constant and sustained release of **bFGF** was observed up to 14 d. In the first two days, the cumulative release of **bFGF** quickly reached 44.16 ± 5.85%. The cumulative release rates of **bFGF** increased with time and approached their plateaus at 8 d. At 14 d, cumulative release rate of **bFGF** was 72.32 ± 10.57%. The results of this experiment suggest that **bFGF** was released from **bFGF@Nanofibers** in a sustainable manner, which is suitable for *in vivo* experiments.

### Retention of bFGF@K2 micelle in the ischemic myocarium after intravenous injection

Since self-assembly may have some effect on cell 3-(4,5-dimethylthiazol-2-yl)-2,5viability [45], diphenyltetrazolium bromide (MTT) assay was performed to evaluate the cytotoxicity of K2 and LAGFF (Figure S17). At a high peptide concentration up to 40 µg/mL and incubation time up to 48 h, approximately 99% or 84% of H2C9 cells were survived in **K2** or LAGFF, respectively, suggesting excellent biocompatibility of these two peptides. Considering the strong green autofluorescence from hemoglobin ischemic myocardium in [48], 5(6)-Carboxy-tetramethylrhodamine N-succinimidyl ester (i.e., TMR-NHS) with red fluorescence emission was used to label **bFGF** to trace its distribution in vivo. A rat model 24 h post-myocardial ischemiareperfusion (MI/R) was used for this study. As shown in Figure 3A, 24 h after the intravenous injection of TMR-bFGF@K2 micelle (60 µg/kg bFGF), strong red fluorescence was observed at the site of ischemic myocardium in MI/R rat while neglectable red fluorescence was observed in the free TMR-bFGF group (60  $\mu$ g/kg **bFGF**). Moreover, the red fluorescence was mainly located in the ischemic area but not in the distal viable myocardium. These results indicated that TMR-bFGF@K2 micelle was efficiently delivered and retained in ischemic area due to the EPR effect in this area. Additionally, red fluorescence still could be observed in TMR-bFGF@K2 micelle group at 48 h post-injection, and it gradually decreased over time till 72 h (Figure S18). To validate that **bFGF@K2 micelle** is MI-targeting, we also *i.v.* injected TMR-bFGF@K2 micelle into healthy rats. Only very weak fluorescence in cardiac sections of healthy rats was observed (Figure 3A), suggesting bFGF@K2 micelle cannot be retained in myocardium of a healthy rat whose blood vessels are not leaky. Besides, we also assessed the biodistribution of TMR-bFGF@K2 micelle in satellite organs of MI/R rats. As shown in Figure S19, red fluorescence was observed primarily in liver and spleen but significantly lower in the kidney, suggesting the bFGF was cleared by the macrophages in liver and spleen, as expected.

To further confirm that bFGF@K2 micelle was retained in the ischemic myocardium of MI/R rat, 24 h post injection, ischemic myocardial tissues were subjected to western blotting to measure **bFGF** levels. As Figure 3B showed, **bFGF** levels in the **bFGF@K2** micelle group were significantly higher than those in the free bFGF group. To investigate bFGF@ Nanofiber formation in the pathological area, the ischemic tissue was sectioned and examined under bio-TEM. As expected, nanofiber structures were found in the ischemic myocardium of MI/R rat 24 h post bFGF@K2 micelle injection (Figure 3C, indicated by red arrows). Collectively, above results suggested that, the leaky blood vessels in ischemic myocardium well retained bFGF@K2 micelle through the EPR effect, and high expression of MMP-9 in ischemic myocardium efficiently transformed bFGF@K2 micelle into bFGF@Nanofiber leading to long retention of bFGF in the area through AIR effect.

In order to explore the biodistributions and metabolic pathways of K2 micelles in MI/R model rats following intravenous injection, we constructed TMR-K2 micelles that could be traced by an in vivo fluorescence imaging system. 4 h or 24 h after intravenously administrated with TMR-K2 micelles or TMR, the MI/R rats were autopsied to collect major organs for ex vivo fluorescent imaging. As shown in Figure S20, at 4 h post injection, the heart fluorescent signal in TMR-K2 micelles group was significantly higher than that in TMR group. At 24 h, the fluorescence intensity of all major organs decreased significantly compared with that at 4 h. Nevertheless, at 24 h, the fluorescence intensity in the heart of TMR-K2 micelles group was still significantly higher than that of the TMR group. This indicates that the retention time of TMR-K2 micelles in the MI/R heart was significantly longer than that of TMR 24 h after injection. Apart from that in hearts, the fluorescence was primarily detected in the livers and kidneys, suggesting that the degraded micelles were excreted through the major metabolic organs.

### bFGF@K2 micelles reduce cardiomyocyte apoptosis and inhibit MMP-9 expression

Inhibition of cardiomyocyte apoptosis can effectively attenuate myocardial tissue injury after MI/R [49, 50]. Saline (200  $\mu$ L), **K2 micelle** (14 mg/kg), **bFGF** solution (60  $\mu$ g/kg), or **bFGF@K2 micelle** (60  $\mu$ g/kg of **bFGF**) was intravenously injected into each

MI/R model rat. Two days after injection, apoptotic cardiomyocytes were assessed bv terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) staining. As shown in Figure 4, apoptotic rate of cardiomyocytes in the border area of the ischemic myocardium in bFGF@K2 micelle group was significantly lower than those in other three groups. Interesting, no significant difference in cardiomyocyte apoptosis was found among the saline, bFGF, and K2 micelle groups. These results indicated that bFGF@K2 micelle was able to slowly release **bFGF** via the AIR effect and therefore effectively cardiomyocyte apoptosis ischemic inhibit in myocardium of MI/R model rat.

Since the precursor peptide **K2** contains a PLGLAG sequence, which is the most commonly used MMP-9 substrate, it may inhibit the activity of MMP-9. Two days after injection, the levels of MMP-9 expression in the ischemic myocardial tissue of MI/R rat were measured using Western blotting. As Figure S21 shows, the MMP-9 levels in the **K2 micelle** and **bFGF@K2 micelle** groups were significantly lower than those in the saline and **bFGF** groups, suggesting MMP-9 was efficiently inhibited by the peptide **K2**. Nevertheless, at day 6 post injection, there was no significant difference of MMP-9 expression level among the four experimental groups. These results collectively indicated that **K2 micelle** could only inhibit MMP-9 activity in a short term (e.g., 2 days).



Figure 3. Accumulation and retention of TMR-bFGF in ischemic myocardium of MI/R rats 24 h after tail vein injection (n = 3). (A) Fluorescent images of myocardial tissues of MI/R rats (top lane) or normal rats (bottom lane) 24 h post tail vein injection of TMR-bFGF@K2 micelle. MI/R rats injected with free TMR-bFGF solution was used as a control (middle lane). bFGF was labeled with TMR (red), the myocardium was labeled with  $\alpha$ -SA (green) and the nuclei were stained with DAPI (blue). Scale bar: 100 µm. (B) Western blotting analysis of the bFGF levels in the sites of ischemic myocardium of rats 24 h post Saline, bFGF, or bFGF@K2 micelle injection (n = 3); the results are presented as the mean  $\pm$  SD of bFGF;  $\Rightarrow$ P < 0.01. (C) TEM images of the nanofibers in ischemic myocardium of MI/R rats 24 h after tail vein injection of bFGF@K2 micelle. Saline-injected MI/R rats were used as control.



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Figure 4. Representative images (A), and quantification (B) of TUNEL\* staining in the border zone of the ischemic myocardium of MI/R rats 2 days post tail vein injection of saline, K2 micelle, bFGF, or bFGF@K2 micelle. Scale bar: 50 µm (n = 3). The results are presented as the mean ± SD of TUNEL\* staining. \*\*P < 0.01.

Since MMP-9 is mainly produced by leukocytes (neutrophils and macrophages) [51], and long duration of inflammation after MI/R sustains high expression level of MMP-9 for a long time [52], we thus repeatedly injected the micelles at day 2, day 5, and day 8 after MI/R in following experiments to ensure continuous inhibition on MMP-9 activity.

#### bFGF@K2 micelle improved cardiac function

After retention and apoptosis evaluation of bFGF@K2 micelle, we tested the hypothesis that the AIR effect of **bFGF@K2 micelle** in the ischemic myocardium exerted cardioprotective effects in MI/R rats. We conducted following in vivo experiments according to a defined time schedule (Figure 5A). In detail, the rats were randomly divided into five groups (sham, saline, K2 micelle, bFGF, and **bFGF@K2 micelle**, n = 5 for each group). In sham group, the left anterior descending (LAD) of each rat was not ligated and saline was injected via tail vein. For rats in saline, K2 micelle, bFGF, or bFGF@K2 micelle group, their left anterior descending branches were ligated for 30 min and then reperfused for 24 h. Saline (200 µL), K2 micelle (14 mg/kg), bFGF solution (60  $\mu$ g/kg), or **bFGF@K2 micelle** (60  $\mu$ g/kg of bFGF) was intravenously injected into each MI/R model rat. Except those in sham group, body weights of the rats in four experimental groups declined in the first week after MI/R (Figure S22A). But there was no significant difference of the body weights among all fiver groups 28 days post MI/R surgery. Above results indicated successful establishment of the MI/R model (i.e., MI/R surgery brought acute but not long term side effects to the rats). As expected, the mortality of the rats in bFGF@K2 micelle group was lower than that of other three experimental groups that subjected to MI/R, though the difference was not statistically significant (Figure S22B).

As a noninvasive technology, echocardiography has been the preferred choice for cardiac function evaluation. The efficacy of in vivo cardiac repair of each group was evaluated bv measuring echocardiograms of the rats at 28 days (Figure 5B). Compared to those in sham group, the rats in saline group showed serious cardiac dysfunction after MI/R as indicated by the markedly reduced left ventricular ejection fraction (EF) and fractional shortening (FS). However, treatment with bFGF@K2 micelle significantly improved the cardiac function of MI/R rats. By comparing with those in saline group, EF and FS values of bFGF@K2 micelle group were increased from  $41.5 \pm 6.7$  % to  $77.8 \pm 3.5$  %, and from  $17.8 \pm 3.5$  % to  $41.4 \pm 3.0\%$ , respectively (Figure 5C,D). In comparison, bFGF treatment exerted a less extent cardioprotective effects than bFGF@K2 micelle but still significantly increased both EF and FS values when compared with those in saline group. The K2 micelle also mildly increased the EF value while had few effects on the FS value (Figure 5C, D). In addition, bFGF@K2 micelle treatment also reduced the left ventricular internal diameter at end-diastole (LVIDd) and left ventricular internal diameter at end-systole (LVIDs) (Figure 5E,F). These results suggested that bFGF@K2 micelle exhibited stronger cardioprotective effect on MI/R rats than free bFGF. And this cardioprotective effect effectively prevented the cardiac function deterioration of the MI/R rats.

### bFGF@K2 micelle promoted angiogenesis in ischemic myocardium of the rats after MI/R

As we know, **bFGF** has a strong ability to induce angiogenesis and can effectively promote neovascularization in ischemic myocardium after MI/R [16-18, 53]. At day 28 post MI/R during which the rats received three doses of treatment (Figure 5A), we used anti-CD31 antibody to stain vascular endothelial and anti- $\alpha$ -SMA to stain the vascular smooth muscle for assessing angiogenesis degree in ischemic myocardium of the rats after MI/R. As Figure 6A,B showed, the number of  $\alpha$ -SMA-positive per field in saline and **bFGF** groups were 2.00 ± 0.71 and 3.00 ± 1.00, respectively, while this number that in **bFGF@K2 micelle** group increased to 8.20 ± 2.39. Meanwhile, the number of CD31-positive per field was increased from 2.20 ± 0.84 in saline-treated group to 8.00 ± 2.45 in **bFGF@K2 micelle** group (Figure 6A, C). Again, the **K2 micelle** and **bFGF** had few effects than **bFGF@K2 micelle** on angiogenesis. These results indicated that **bFGF@K2 micelle** significantly improved the proangiogenic effect in ischemic in MI/R rats.

### bFGF@K2 micelle attenuated ventricular remodeling

The deterioration of cardiac function after MI/R often occurs due to left ventricular remodeling. Myocardial fibrosis and ventricular wall thickness are important parameters that are used to evaluate

remodeling [54]. Therefore, Masson's trichrome staining was performed to evaluate the degree of left ventricular remodeling 28 days after MI/R (Figure S23). The results showed that a mass of collagen fibers (stained blue) were deposited in the myocardium at 28 days after MI/R (Figure 7A). In addition, the left ventricular wall thickness in four experimental groups was reduced as compared to that in sham group. In consistent with the echocardiography results, **bFGF@K2** micelle treatment significantly reduced collagen deposition and prevented the left ventricular wall thinning. In detail, as shown in Figure 7B,C, by comparing those in saline group, bFGF@K2 micelle treatment reduced the scar area from  $34.0 \pm 3.7\%$  to  $13.7 \pm 4.9\%$ , and increased the wall thickness from 0.69  $\pm$  0.22 mm to 1.68  $\pm$  0.30 mm. Although bFGF alone also reduced cardiac fibrosis and remodeling, its effects were significantly lower than those of bFGF@K2 micelle. In contrast, MI/R-induced cardiac fibrosis and remodeling were not improved by K2 micelle treatment.



**Figure 5.** Noninvasive echocardiographic assessment of cardiac functions of the rats at day 28 post MI/R surgery and different treatments. (A) Schematic illustration of *in vivo* MI/R model establishment and the treatment process. (B) Representative echocardiograms obtained from the mid-papillary muscle region of the left ventricle of rats in each group (n = 5). Quantitative analyses of the EF value (C), FS value (D), LVIDd (E), and LVIDs (F) of rats in five groups. The results are presented as the mean  $\pm$  SD of EF (%), FS (%), LVIDd (mm) and LVIDs (mm). \*P < 0.05, \*\*P < 0.01, and \*\*\*P < 0.001.



Figure 6. (A) Images of  $\alpha$ -SMA and CD31 staining in Sham or MI/R heart sections of rats in each group 28 days post MI/R surgery (n = 5). Scale bar: 50  $\mu$ m. Quantification of the  $\alpha$ -SMA- positive (B), and CD31- positive (C) per field in heart sections from rats post MI/R. The results are presented as the mean  $\pm$  SD of  $\alpha$ -SMA+ and CD31+ staining. \*\*P < 0.01 and \*\*\*P < 0.001.

#### Biosafety evaluation of bFGF@K2 micelle

We also evaluated the biosafety of the **bFGF@K2 micelle** by hematoxylin-eosin staining (H&E) of the major organs of the MI/R rats after treatment. Except for the lung congestion caused by heart failure, other major organs of the MI/R rats after treatment did not show observable pathological change (Figure S24). The lung congestion in the rats in **bFGF@K2 micelle** group was significantly reduced compared with that in the MI/R rats of other three experimental groups (Figure S24, black box). These results indirectly indicated that **bFGF@K2 micelle** was nontoxic and also could significantly improve cardiac function.

#### Conclusions

In conclusion, we rationally designed a biocompatible precursor peptide **K2** which is able to co-assemble with **bFGF** to form **bFGF@K2 micelle**. Due to the EPR effect of the leaky blood vessels in ischemic myocardium, **bFGF@K2 micelle** is circulated and accumulated in ischemic myocardium of MI/R rat. Then, a MMP-based EISA occurs, transforming the micelles into **bFGF@Nanofiber** 

nanofibers and slowly releasing bFGF via the AIR effect to enhance cardiac repair of the MI/R rats. In vitro experimental results showed that the bFGF@K2 micelle was hydrolyzed by MMP-9, transforming the micellar structure into bFGF@Nanofiber. In vivo experiments showed that bFGF@K2 micelle significantly increased the retention of **bFGF** through the formation of bFGF@Nanofiber within the ischemic myocardium of MI/R rats. Further in vivo studies showed that bFGF@K2 micelle had higher proangiogenic properties than free **bFGF**. Among four experimental groups, bFGF@K2 micelle showed the strongest inhibitory effects on cardiomyocyte apoptosis, myocardial fibrosis, and remodeling of the MI/R model rats. Moreover, the **bFGF@K2 micelle** exerted the best protective effects on cardiac function of the MI/R rats. Employing the EPR effect of ischemic myocardium and MMP 9-based EISA strategy, this work "smartly" transformed bFGF@K2 micelle into bFGF@Nanofiber on site, slowly releasing **bFGF** for effective promote heart repair of MI/R rats. We anticipate our smart strategy, as well as the biocompatible micelle, would be applied in clinic in near future.



Figure 7. Masson's staining assessment of ventricular remodeling of rats at day 28 post MI/R surgery and different tratments. (A) Representative images of heart sections stained with Masson's staining of rats in five groups (n = 5). Quantitative analysis of the scar area (B), and left ventricular wall thickness (C) of the rats in each group. Scale bars: 1 mm for macro photos and 100  $\mu$ m for micro photos. The results are presented as the mean ± SD of scar area (%) and left ventricular wall thickness (mm). \*P < 0.05, and \*\*P < 0.01.

#### Materials and Methods

#### Preparation and analysis of micelle

The **K2 micelle** forming peptide **K2** was dissolved in phosphate-buffered saline (PBS) at pH 7.4, and its self-assembly behavior was investigated after a cycle of alternating sonication and vortexing. Then, an appropriate amount of **K2**, combined with **bFGF**, was dissolved by sonication and vortexing, and the solvent was removed to form a transparent film, which was dissolved in PBS (pH 7.4) to prepare **bFGF@K2 micelle**. The dimensions of the micelles were determined by DLS measurements on a Malvern Zetasizer (Malvern, UK). The morphologies of **K2 micelle** and **bFGF@K2 micelle** pretreated with MMP-9 for 24 h were characterized by TEM (Thermo Fisher, USA) after negative staining with 1% phosphotungstic acid.

#### Encapsulation efficiency of bFGF@K2 micelle

To determine the EE (%), the **bFGF@K2 micelle** was separated from the un-encapsulated **bFGF** 

containing supernatant by high-speed centrifugation at 16000 rpm for 30 min, and the supernatant was qualitatively analyzed by a **bFGF** ELISA kit (MultiSciences, China). The EE (%) was calculated by the following formula: EE (%) = (Initial **bFGF** concentration – concentration of supernatant **bFGF**)/Initial **bFGF** concentration × 100%.

#### High-performance liquid chromatography

The cleaved peptide **K2** products were dissolved in 35% acetonitrile in water containing 0.1% TFA and purified through a preparatory C18RP column on an Agilent 1200.

#### **Echocardiography**

Transthoracic echocardiography was performed with the echocardiography imaging system (Vinno 6, China). During the ultrasonography examination, the rat was anesthetized with isoflurane. The papillary muscles were used as a marker for short-axis imaging. The function and dimensions of the left ventricular were also recorded and measured at the same short axis with M-mode examination. LVDd and LVDs were recorded and measured using leading edge-to-leading edge technique. LV end-systolic volume (LVESV) and LV end-systolic volume (LVEDV) were estimated using Teichholz equations. EF% and FS% values were calculated as follows:

$$FS = [(LVDd-LVDs) / LVDd] \times 100$$

$$EF = [(LVEDV-LVESV) / LVEDV] \times 100$$

#### **Supplementary Material**

Supplementary figures and tables. https://www.thno.org/v12p7237s1.pdf

#### Acknowledgments

This work was supported by the National Natural Science Foundation of China (Grants 21725505 and 81970231), Postdoctoral Research Foundation of China (2021M700182), and the Postdoctoral Research Foundation of Anhui Province (2021B490). We thank Haijian Cai from Center of Scientific Research of Anhui Medical University for technical assistance.

#### **Competing Interests**

The authors have declared that no competing interest exists.

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