Targeted modulation of intestinal epithelial regeneration and immune response in ulcerative colitis using dual-targeting bilirubin nanoparticles

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Abstract

Rationale: The therapeutic benefits of bilirubin in the treatment of ulcerative colitis (UC) are considerable, whereas the underlying mechanism of bilirubin on UC remains unclear remains unexplored. In addition, the weak hydrophilicity and toxicity have limited its translational applications.

Methods: We have developed a colon dual-targeting nanoparticle, for orally delivering bilirubin through hydrogel encapsulation of hyaluronic acid (HA)-modified poly (lactic-co-glycolic acid) (PLGA) nanoparticles (HA-PLGABilirubin). Confocal microscopy and in vivo imaging were used to evaluate the uptake and the targeted property of HA-PLGABilirubin in UC. Immunohistochemistry, immunofluorescence, and transcriptomic analyses were applied to examine the therapeutic effect and potential mechanism of HA-PLGABilirubin in UC.

Results: Our results indicated that HA-PLGABilirubin can significantly enhance the release of bilirubin at simulated intestinal pH and demonstrate higher cellular uptake in inflammatory macrophages. Moreover, in vivo biodistribution studies revealed high uptake and retention of HA-PLGABilirubin in inflamed colon tissue of UC mouse model, resulting in effective recovery of intestinal morphology and barrier function. Importantly, HA-PLGABilirubin exerted potent therapeutic efficacy against ulcerative colitis through modulating the intestinal epithelial/stem cells regeneration, and the improvement of angiogenesis and inflammation. Furthermore, genome-wide RNA-seq analysis revealed transcriptional reprogramming of immune response genes in colon tissue upon HA-PLGABilirubin treatment in UC mouse model.

Conclusion: Overall, our work provides an efficient colon targeted drug delivery system to potentiate the treatment of ulcerative colitis via modulating intestinal epithelium regeneration and immune response in ulcerative colitis.

Keywords: ulcerative colitis; bilirubin; targeted therapy; intestinal stem cells; immune response
Introduction

Ulcerative colitis (UC) is a chronic and recurrent gastrointestinal disease [1], dramatically impacts the quality of patients’ life. Persistent and diffuse mucosal inflammation episodes, along with dysregulated mucosal immune response, are associated with the pathogenesis of UC [2, 3]. Although the UC patients achieve symptom remission through the use of biologics, steroids, and other immunosuppressive agents [4], long-term administration of these medications may lead to serious complications such as hepatotoxicity, autoimmune diseases, and even malignancy [5-7]. Therefore, there is an urgent need for an advanced therapeutic platform for the treatment of UC.

New candidate agents, such as potent antioxidant drug bilirubin, are being developed and have gained significant attention for their beneficial effects. As a hydrophobic byproduct of heme catabolism, bilirubin has been reported to possess powerful antioxidant effects [8-12] and anti-inflammatory properties [9, 13-15] in intestinal injury disease. Recent studies have also suggested that bilirubin may have immunomodulatory activity in colitis [15, 16], which further extends its clinical and translational value. However, the current understanding of the mechanisms underlying the effects of bilirubin in UC remains largely unexplored, and further investigation is necessary to fully elucidate its therapeutic potential.

Additionally, the hydrophobic nature and toxicity of bilirubin limit its delivery efficacy in vivo and hinder its clinical application [17]. Previous literature has made progress in developing hyaluronic acid (HA)-based bilirubin nanoparticles for the treatment of colitis and acute kidney injury (AKI) [18, 19], demonstrating therapeutic potential in the laboratory. Nevertheless, their uncontrollable systemic diffusion and potential undesirable side effects limit their clinical application through oral administration [20, 21]. Furthermore, gastric proteolytic enzymes and acidic conditions in the gastrointestinal tract (GIT) can cause partial degradation of HA, affecting its effectiveness in UC [22, 23]. One way to overcome these challenges is by introducing a colon-targeted shell that protects HA from GIT degradation while enabling HA-bilirubin nanoparticles to specifically degrade in the colon. Hydrogels (chitosan/alginate) may be suitable candidates for the oral administration delivery of nanoparticles due to their biocompatibility and pH-responsive properties [24], although the introduction of hydrogels into HA-bilirubin nanoparticles has not been explored.

In this study, we aimed to develop a Hydrogel-HA-poly (lactic-co-glycolic acid) (PLGA) system for the oral delivery of bilirubin against UC. The system consists of hydrogel, PLGA, cationic liposome, and HA. The PLGA shell enhances the hydrophilicity of bilirubin, and the cationic liposome facilitates the adsorption of hyaluronic acid through electrostatic interactions, which enhances the targeting ability and therapeutic efficacy of the nanocomplex in inflammatory tissues. Moreover, with the assistance of the hydrogel, the HA-PLGAbilirubin system can be effectively administered through oral gavage to achieve pH-responsive release and target inflamed colon tissues. Importantly, our study reveals novel recovery mechanisms of HA-PLGAbilirubin in UC, including the modulation of colonic epithelial/stem cell regeneration, angiogenesis, and transcriptional reprogramming of immune response genes, thereby expanding our knowledge of the therapeutic mechanisms of bilirubin. The synthetic strategy, targeted delivery system, and histological recovery mechanism of the nanoparticles are summarized in Scheme 1. This study may enhance the bioavailability and therapeutic response of bilirubin, providing an effective oral targeted delivery option for the treatment of UC.

Methods

Preparation of HA-PLGAbilirubin

PLGAbilirubin were fabricated using the emulsion-solvent evaporation method as described in previous reports. Briefly, 0.5 mL of PLGA (10 mg/mL), 0.1 mL of cationic liposome DOTAP (20 mg/mL), and 0.05 mL of bilirubin (10 mg/mL) were mixed in a chloroform solution as the organic phase. Then, 5 mL of deionized water was added for sonication in an ice bath for 2 min to generate oil-in-water (O/W) droplets. To remove excess chloroform, the solution was evaporated under rotation after the completion of the reaction. Subsequently, the supernatant containing PLGAbilirubin was recovered by centrifugation for 30 min at 2000 rpm and 4 °C, and the excess free bilirubin was removed. To determine the encapsulation efficacy, the collected PLGAbilirubin was lyophilized, dissolved in DMSO, and the concentration of bilirubin was then measured using a UV–vis–NIR spectrophotometer (Shimadzu UV-2600, Japan). The encapsulation efficiency of bilirubin was calculated as follows:

Encapsulation efficiency = \( \left( \frac{\text{weight of bilirubin in formulation}}{\text{initial weight of bilirubin added}} \right) \times 100\% \)
Afterward, HA solutions were added to the PLGA\textsubscript{bilirubin} and mixed, followed by centrifugation. HA-PLGA\textsubscript{bilirubin} were fabricated through self-assembly driven by electrostatic adsorption. To enhance stability, HA-PLGA\textsubscript{bilirubin} can further cross-link with a hydrogel system to form an oral gel, as previously described [25]. 12 μL of HA-PLGA\textsubscript{bilirubin}, 20 μL of calcium chloride (140 nM), and 8 μL of alginate (7.5 mg/mL) were mixed well and allowed to generate gelation. Blank HA-PLGA-lip nanoparticles were prepared using the same method without the addition of bilirubin.

**Characterization**

The UV–vis absorption spectrum of free bilirubin and the prepared nanoparticles was measured using a UV–vis–NIR spectrophotometer. The size distribution and zeta potential of above nanoparticles were determined by Dynamic light scattering (DLS, Malvern Nano ZS90, British). The detailed structural analysis of the materials using Fourier Transform Infrared Spectroscopy (FT-IR). The morphology of the nanoparticles was analyzed by transmission electron microscopy (TEM, JEOL-2100, Japan). The Scanning Electron Microscopy (SEM) was used to investigate the particle size and morphology of HA-PLGA\textsubscript{bilirubin} hydrogel under different pH conditions, including simulated colonic fluid (SCF, pH=7.4), simulated intestinal fluid (SIF, pH 6.5), and simulated gastric fluid (SGF, PH=1.2). Scanning Electron Microscopy with Energy Dispersive X-ray Spectroscopy (SEM-EDS) was used to confirm that bilirubin was loaded inside the hydrogel.

**In vitro drug release**

*In vitro* drug release experiments were conducted in modified enzymatic pH buffer media using simulated gastrointestinal fluids, as previously described [26]. HA-PLGA\textsubscript{bilirubin} hydrogel was added to 1 mL of simulated gastrointestinal fluid (SGF, pH=1.2), simulated intestinal fluid (SIF, pH=6.5), and simulated colon fluid (SCF, pH=7.4) at 0, 20, 40, 60,
120, 180, 240, and 300 min. After centrifugation at 2000 rpm, the supernatant containing nanoparticles was collected and subsequently lyophilized. Chloroform solution was added to dissolve the nanoparticles, and the concentration of free bilirubin was quantified by measuring its absorbance under ultraviolet light in a microplate. To observe the impact of hydrogel and non-hydrogel at different pH conditions on drug release, nanoparticles encapsulated in hydrogel and nanoparticles encapsulated in non-hydrogel were placed separately in SGF, SIF, and SCF at time points of 0 min, 60 min, and 180 min, respectively. The subsequent steps remain the same as before.

**Cellular uptake**

The cellular uptake of HA-PLGA<sub>bilirubin</sub> was analyzed using fluorescence-activated cell sorter (FACS) and confocal laser scanning microscopy (CLSM, Nikon E-A1, Japan). To mimic an inflammatory state, RAW 264.7 macrophages were treated with 100 µg of LPS and 10 µg of INF-γ in serum-free conditions to induce a M1 phenotype. After 24 h of induction, DID-loaded nanoparticles were added to the cells for 4 h in serum-free conditions, and flow cytometry was performed to assess the uptake of the DID-loaded nanoparticles. The experimental method involved assessing the percentage of cells containing DID-loaded nanoparticles by establishing a cutoff fluorescence intensity derived from a histogram of control cells. Subsequently, the uptake of the DID-loaded nanoparticles by M1-induced RAW 264.7 macrophages was observed using CLSM. Alexa Fluor 488 phalloidin and DAPI were used to stain the membrane and nucleus of the cells, respectively.

3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay

Cells were initially inoculated into a 96-well plate, left to adhere overnight. For each well, add 20 µl of MTT solution and incubate for 4 h. Terminate the culture, and carefully remove the culture supernatant. Add 150 µl of DMSO to each well, and shake for 10 min to ensure complete dissolution of the crystals. Measure the optical density of each well at 490 nm using an enzyme-linked immunosorbent assay reader and record the results.

**Construction of mimic UC animal model**

Six-week-old C57/BL/6 mice were purchased from Guangdong Medical Laboratory Animal Center. Animal care and experiments were carried out in accordance with and approved by the Ethics Review Committee of Guangdong Provincial People’s Hospital (KY-Z-2021-021). All mice were acclimatized for one week and then randomly assigned to different treatment groups. To induce the colitis model, mice were provided with drinking water containing 3% Dextran Sulfate Sodium Salt (DSS) for 5-6 days, followed by normal water for 4-5 days. Healthy mice were given only normal water as a control group. The DSS-induced mice were randomly divided into five groups (3-5 mice per group), and then administered with 30 mg/kg of bilirubin [18], HA-PLGA-lipid, PLG<sub>bilirubin</sub> (equivalent mass of bilirubin as in 30 mg/kg bilirubin), and HA-PLG<sub>bilirubin</sub> (equivalent mass of HA-PLGA-lipid and bilirubin) were dosed on predetermined days via oral gavage. Body weight was measured daily and the disease activity index (DAI) was determined to quantify colitis severity and the degree of improvement as previously stated. After cessation of various treatment, mice were sacrificed by decapitation and the colon length was measured from cecum to anus and photographed for preservation. The colon tissue specimens of the distal section were harvested for hematoxylin and eosin (HE) and immunofluorescence staining. The remaining colon tissues were snap frozen and stored at -80 °C for transcriptome sequencing analysis and the concentrations of cytokines and MPO level detection.

**In vivo biocompatibility evaluation**

Six-week-old C57/BL/6 mice were orally treated with saline (control) or HA-PLG<sub>bilirubin</sub> (30 kg/mL) for 7 days. Blood was collected from the retroorbital region of mice for biochemical indicators detection, and their organs (heart, liver, spleen, lungs, and kidneys) were removed for histopathological analysis after cervical dislocation. The following hematological values were determined by an automated hematological analyzer (model XT-2000iV, Sysmex, Lincolnshire, IL): alanine aminotransferase (ALT), aspartate aminotransferase (AST), Alkaline Phosphatase (ALP), UREA, Total Protein (TP), red blood cells (RBC), white blood cells (WBC), platelet (PLT), mean corpuscular hemoglobin (MCH), mean corpuscular volume (MCV). Fixed organs were embedded in paraffin and 4% buffered formalin and 70% alcohol. Sections were stained with H&E and examined under a microscope.

**Rhodamine-(Rho) and Cy5.5 labeled HA-PLGA<sub>bilirubin</sub>**

Rhodamine-N-hydroxy succinimide (Rho-NHS) or Cy5.5-NHS was prepared at a 1:100 molar ratio to HA-PLGA<sub>bilirubin</sub>. In brief, Rho-NHS or Cy5.5-NHS and EDC (1.2 equiv) were combined and stirred in 2 mL of DMSO for 20 min at room temperature in the absence of light. Following this, 1 mg/mL HA-PLGA<sub>bilirubin</sub> was introduced. After allowing this reaction mixture to proceed for 2 h at room
temperature, any unreacted Rho-NHS or Cy5.5-NHS was eliminated via dialysis for up to 12 h using molecular-porous membrane tubing. This was followed by three precipitations with acetone and the end product underwent lyophilization.

**Biodistribution**

To evaluate the biodistribution of nanoparticles in the colon, normal and DSS-induced mice were orally treated with Cy5.5-labeled HA-PLGABilirubin, Bilirubin, PLGA_Bilirubin, and HA-PLGA_Bilirubin. After oral delivery, mice were imaged using an AniView100 small animal living imaging system (BLT, China) at 4, 8, and 24 h. After 24 h, mice were sacrificed, and the heart, liver, spleen, lung, kidney, and colon were harvested for *ex vivo* imaging. Fluorescence intensity detection was analyzed using AniView100 Living Imaging software from BLT company. *In vivo* pharmacokinetic assessments were conducted using noncompartmental methods [27] to determine the maximum observed plasma concentrations (Cmax) and areas under the plasma concentration-time curve (AUC) from 0 to 72 h after various treatments.

**Flow Cytometry**

The colon tissue was digested into a single-cell suspension. Subsequently, the following extracellular antibodies were added: Recombinant Alexa Fluor® 488 anti-EpCAM Antibody, Recombinant APC anti-Ly6G Antibody, PerCP/cyanine 5.5-conjugated anti-F4/80 Antibody, phycoerythrin (PE)-conjugated anti-CD11c Antibody, and Brilliant Violet 605™ anti-F4/80 Antibody, phycoerythrin (PE) -conjugated anti-CD11b Antibody. The cells were incubated at room temperature in the dark for 30 min to immunostain cell surface markers. After surface molecule staining, the cells were resuspended in fixation/permeabilization solution and incubated in the dark for 15 min. Flow cytometry analysis was performed using a BD Celesta system, and the data were analyzed using FlowJo software.

**HE staining**

A 4% paraformaldehyde solution was used to fix the colon tissues, followed by embedding them in paraffin. The paraffin-embedded specimens were then cut into 5 μm thick sections. Deparaffinization of the sections was performed using xylene, followed by hydration with gradient alcohol according to standard procedures [28]. After washing the sections with distilled water, the nucleus of the sections was stained with hematoxylin for 10-15 min, followed by counterstaining with eosin for 2-5 min. Tissue morphology, including mucosal architecture changes, infiltration of inflammatory cells, goblet cell numbers, villus height, alterations in crypt drop out, and surface epithelial cell hyperplasia, was observed under light microscopy to evaluate the degree of intestinal mucosa damage and recovery in a double-blinded manner.

**Intestinal permeability assessment**

Intestinal permeability assay was performed to assess the intestinal barrier functions of these mice through oral administration of 4 kDa FITC-dextran, as previously described [18]. Briefly, mice with various treatment were fasted for 4 h, followed by oral administration of FITC-dextran (0.6 mg per gram of body weight). After 3 h, blood samples were collected via retro-orbital bleed, and the levels of FITC-dextran in the blood were measured using fluorescence, with excitation at 485 nm and emission at 520 nm.

**Immunohistochemical staining**

After deparaffinization and hydration following the above procedures, tissue sections were subjected to antigen retrieval using 10 mM citrate acid under high pressure for 20 min. Subsequently, the sections were blocked with 10% goat serum for 60 min. After washing with a wash buffer, primary antibodies against PCNA (#13110, Cell Signaling Technology (CST)) were added to the sections and incubated overnight at 4 °C. Following this, the sections were incubated with biotin-labeled secondary antibodies for 30 min at 37 °C, followed by incubation with streptavidin-coupled horseradish peroxidase (HRP) for an additional 30 min at 37 °C. Color development was achieved using diaminobenzidine (DAB) chromogen for 3 min, and hematoxylin was finally used as a counterstain for 2-3 s. PCNA-positive nuclei in the crypt were visualized under a light microscope after the immunohistochemical procedures.

**Immunofluorescence staining**

The tissue sections were deparaffinized, hydrated, subjected to antigen retrieval, and blocked with 10% donkey serum following the above procedures. For CD31 staining, primary antibodies against CD31 (1:1000, Company) were incubated overnight at 4 °C. The next day, the sections were incubated with a fluorescence secondary antibody, Alexa Fluor®594 donkey anti-rat IgG (H+L) (1:400, Life Technologies, A21209), for 30 min at 37 °C. After rinsing with tris buffered saline (TBS), the sections were stained with DAPI solution (Roche, 216276) for 30 min at 37 °C. After rinsing with tris buffered saline (TBS), the sections were stained with DAPI solution (Roche, 216276) for nuclear staining. The sections were then sealed with an anti-fluorescence quencher and observed under a darkfield microscope.

**TUNEL staining**

TUNEL staining was performed using the In Situ TUNEL Detection Kits (Roche Diagnostics GmbH). According to the manufacturer's instructions, tissue
sections were pretreated and incubated with Proteinase K working solution for 15-30 min at 37 °C. After washing, the TUNEL reaction mixture was added and incubated for 60 min at 37 °C in a humidified and dark environment. DAPI solution was applied to stain the nuclei, and then the sections were analyzed under a fluorescence microscope.

Enzyme-Linked Immunosorbent Assay (ELISA) analysis

ELISA kits for MPO, VEGF-A, TGF-β, IL-4, IL-1β, IL-6, TNF-α, and IFN-γ were purchased from CUSABIO company. According to the manufacturer’s instructions, colon tissues were broken into small pieces and homogenized in PBS solution using a tissue homogenizer. After centrifugation at 5000 x g for 5 min at 4 °C, the supernatants were collected and stored at -20 °C or -80 °C. Total RNA was isolated from the intestinal tract and stored at -80 °C to prevent RNA degradation. Total RNA from the cells was extracted using the E.Z.N.A. Total RNA Isolation Kit (Omega, GA, USA). Reverse transcription to generate cDNAs was performed using the PrimeScript™ RT-PCR kit (TaKaRa, Otsu, Japan). Following the manufacturer's instructions for the Biorad CFX Connect (Bio-Rad Laboratories, CA, USA), quantitative real-time polymerase chain reaction (qRT-PCR) was carried out using SYBR Premix Ex Taq (TaKaRa, Otsu, Japan). The half-width of the absorption peak was measured by Optical Spectrophotometry (LSPR) [32], which, in turn, resulted in a broader peak in the absorption spectrum. Quantification of bilirubin loading in the nanoparticles was performed. Data processing was conducted using Novomagic (https://magic.novogene.com).

Statistical analysis

A statistical analysis was performed using Prism software (GraphPad Prism). Students t-test or Welch's t-test were used to analyze continuous variables. Statistical significance was considered at a p-value less than 0.05.

Results

Preparation and characterization of HA-PLGAbilirubin

We synthesized hydrogel-encapsulating HA-modified PLGA nanoparticles for the delivery of bilirubin (HA-PLGAbilirubin) using the double emulsion-solvent evaporation method and electrostatic adsorption interaction. The synthesis process is described in Figure 1A. The chloroform containing the mixture was removed by rotary evaporation to allow bilirubin to transfer to the PLGA hydrophobic core through the 'like dissolves like' principle. The half-width of the absorption peak broadened when the bilirubin was successfully coated with 1,2-dioleoyl-3-trimethylammonium-propane (DOTAP) and PLGA nanoparticles (Figure 1B). This change is probably because these substances interacted with each other, which caused the size range to increase [31] and affected the Localized Surface Plasmon Resonance (LSPR) [32], which, in turn, resulted in a broader peak in the absorption spectrum. Quantification of bilirubin loading in the
DOTAP-PLGA nanoparticles was performed using UV to measure the drug loading yield and efficiency (Figure 1C). The bilirubin concentration was calculated to be 23.8±1.3 µg/mL based on the standard curve (Figure S1). According to the formulation of encapsulation efficiency, the encapsulation efficiency of bilirubin into DOTAP-PLGA nanoparticles was 47.6±2.7%, determining the effectiveness of the PLGA nanoparticles in entrapping the bilirubin. The nanoparticles were then characterized for size and zeta potential at each coating stage. The average particle size of PLGA\textsubscript{Bilirubin} eventually stabilized at 163.91±1.96 nm, and the zeta potential stabilized at 53.26±2.73 mV by increasing the feeding of DOTAP (Figure S2; Figure S3). As HA is a negatively charged polysaccharide, it can be modified on the surface of PLGA\textsubscript{Bilirubin} by electrostatic adsorption, which is attributed to the cationic properties of cationic liposomes. When the PLGA\textsubscript{Bilirubin} was modified with HA, the zeta potential decreased from 49.71±1.63 mV to 24.86±2.55 mV (Figure 1D), and the average particle size increased from 156.83±17.23 nm to 193.23±12.85 nm (Figure 1E). The polydispersity indices (PDIs) of the PLGA\textsubscript{Bilirubin} and HA-PLGA\textsubscript{Bilirubin} were <0.2, highlighting their narrow size distribution (Table S1). In fact, while DOTAP holds promise for delivering hydrophobic drugs [33-36], its highly positive charge can still pose issues related to hemolysis [37, 38]. Here, we use the electrostatic adsorption of HA onto DOTAP liposomes to prepare HA-targeted nanoparticles. This approach helps neutralize the toxicity associated with cationic liposomes [39] and, by adsorbing HA, enables bilirubin nanoparticles to target CD44 ligands highly expressed in inflamed tissues [40]. Transmission Electron Microscopy (TEM) images demonstrated that PLGA\textsubscript{Bilirubin} and HA-PLGA\textsubscript{Bilirubin} were vesicle-like nanoparticles with mean diameters of ~80 nm and ~120 nm, respectively (Figure 1F). Next, we conducted detailed structural analysis of the materials using Fourier Transform Infrared Spectroscopy (FT-IR) (Figure S4). The peaks at approximately 3407 cm\(^{-1}\) signify the existence of O-H functional groups. A distinctive absorption band at around 3420 cm\(^{-1}\) is observed in HA-PLGA\textsubscript{Bilirubin} nanoparticles in both Phosphate-Buffered Saline (PBS) and Fetal Bovine Serum (FBS) for 8 days, their size remained essentially unchanged, demonstrating excellent stability in FBS (Figure S5).

**Uptake and drug release of HA-PLGA\textsubscript{Bilirubin}**

The controllable release of bilirubin from HA-PLGA\textsubscript{Bilirubin} to the colonic tissues under specific pH conditions is critical for improving the bioavailability of the drug. Herein, we encapsulated the nanoparticles into a hydrogel composed of chitosan and alginate and observed the release of bilirubin in simulated gastrointestinal conditions. As shown in Figure 2A, the release of bilirubin at pH 7.4 (simulated colonic fluid, SCF) was higher than that at pH 1.2 (simulated gastric fluid, SGF), and slightly higher than pH 6.8 (simulated intestinal fluid, SIF). In addition, our results demonstrate that in simulated gastric fluid (SGF), nanoparticles without hydrogel encapsulation (HA-PLGA\textsubscript{Bilirubin}) achieved a release of 54.56%, which was 45.17% higher than that of HA-PLGA\textsubscript{Bilirubin} hydrogel. HA-PLGA\textsubscript{Bilirubin} within the hydrogel started substantial bilirubin release in SIF and gradually stabilized in SCF. These results clearly confirm the pH-responsive properties of the hydrogels (chitosan/alginate) for drug release (Figure S6). Furthermore, we conducted Scanning Electron Microscopy with Energy Dispersive X-ray Spectroscopy (SEM-EDS) analysis on both bilirubin and the HA-PLGA\textsubscript{Bilirubin} hydrogel. As shown in Figure S7, the SEM-EDS results clearly demonstrate the composition of the materials. We found that carbon (C), nitrogen (N), and oxygen (O) are the primary elements in bilirubin. However, following the encapsulation of bilirubin within the hydrogel, we observed the appearance of calcium (Ca) and chlorine (Cl) components, accompanied by a decrease in the relative proportions of C, N, and O. This observation serves as supportive evidence that bilirubin was indeed loaded inside the hydrogel. The pH responsiveness of the hydrogel is attributed to the protonation and deprotonation of functional groups on the sodium alginate backbone and crosslinking agents, which result in changes in the polymer conformation and swelling behavior. Specifically, sodium alginate is a pH-sensitive, anionic polysaccharide that undergoes structural changes in response to pH variations. In acidic environments (e.g., stomach), the carboxyl groups in sodium alginate become protonated (–COOH), leading to a reduction in repulsive forces between the polymer chains.
Figure 1. Preparation and characterization of HA-PLGA\textsubscript{bilirubin}. (A) Schematic design of the preparation of HA-PLGA\textsubscript{bilirubin}. Absorptive peak becomes wide when the bilirubin was encapsulated into PLGA nanoparticles. (B) Absorption spectrum of PLGA\textsubscript{bilirubin}. The concentration of bilirubin in PLGA\textsubscript{bilirubin} was 23.8±1.3 μg/mL, and the drug encapsulation efficiency of PLGA\textsubscript{bilirubin} was 47.6±2.7%. (C) Drug-loading capacity of PLGA\textsubscript{bilirubin}. (D) Zeta potential of HA-PLGA\textsubscript{bilirubin} and PLGA\textsubscript{bilirubin}. (E) Size distribution of HA-PLGA\textsubscript{bilirubin} and PLGA\textsubscript{bilirubin}. (F) Transmission electron microscopic (TEM) images of HA-PLGA\textsubscript{bilirubin} and PLGA\textsubscript{bilirubin}.

This protonation allows the polymer chains to interact more strongly, resulting in the formation of a compact structure or “gel” that can withstand the harsh acidic conditions. Conversely, in more neutral to alkaline environments (e.g., the colon), the carboxyl groups lose their protons, transitioning to their anionic form (–COO\textsuperscript{-}). This deprotonation increases electrostatic repulsion between polymer chains, causing the hydrogel to swell and disintegrate, thereby releasing the entrapped bilirubin. This pH-responsive behavior of sodium alginate facilitates the targeted delivery of bilirubin to the colonic area, where the conditions trigger gel disintegration and drug release. Additionally, the internal morphology and size of the hydrogel in media with SCF, SGF, and SIF were examined (Figure S8). Our result showed that the cross-sectional morphology appears highly compact at pH 1.2, whereas it becomes more porous and is suitable for drug release in higher pH buffer solutions. The hydrogel particle size increases in the high pH buffer solutions, and surface cracks and collapses begin to appear especially at pH 7.4. This
demonstrates that HA-PLGAbilirubin with hydrogel exhibits good pH sensitivity and can protect bilirubin in SGF and subsequently release it in SCF, exhibiting excellent pH sensitivity and controlled-release performance. Furthermore, to evaluate whether HA-PLGAbilirubin improves the targeting ability of bilirubin toward inflamed colon via HA, we investigated the cellular uptake of the nanoparticles by Lipopolysaccharide (LPS)-treated macrophages (in vitro inflammatory model). After incubating the cells with free 1,1'-dioctadecyl-3,3,3',3'-tetramethylindocarbocyanine perchlorate (DID), DID-PLGAbilirubin, and DID-HA-PLGAbilirubin for 4 h, fluorescence-activated cell sorter (FACS) analysis was used to determine the intracellular fluorescence intensity of DID (Figure 2B). It was found that the internalization of DID-HA-PLGAbilirubin was approximately 1.69-fold higher than DID-PLGAbilirubin (Figure 2C). Raw 264.7 macrophages treated with DID-HA-PLGAbilirubin exhibited noticeably higher intracellular fluorescence intensity than cells treated with DID-PLGAbilirubin (p<0.0001, Figure 2D).

Figure 2. Drug release, cellular uptake and pro-inflammatory cytokines downregulation of HA-PLGAbilirubin. (A) Cumulative drug release profile of bilirubin in simulated gastrointestinal pH buffer media. (B) Flow cytometry histograms of uptake of PLGAbilirubin and HA-PLGAbilirubin by Raw 264.7 macrophages. (C) Cellular uptake percentages of PBS, PLGAbilirubin and HA-PLGAbilirubin by RAW 264.7 macrophages. (D) Mean fluorescent intensity (MFI) of Raw 264.7 macrophages treated with PLGAbilirubin and HA-PLGAbilirubin. ****represents p<0.0001. (E) Confocal laser scanning microscopy (CLSM) image of RAW 264.7 macrophages treated with PLGA bilirubin and HA-PLGA bilirubin. Scale bar, 20μm. (F) Relative protein levels of pro-inflammatory cytokines (IL-1β, IL-6, TNF-α, and IFN-γ) in LPS-induced RAW 264.7 macrophages.
The introduction of HA can potentially modulate the interaction of the nanoparticles with macrophages, altering the uptake dynamics and, consequently, enhancing the fluorescent signal intensity [41]. Confocal laser scanning microscopy (CLSM) images also validated the enhanced cellular uptake performance (increasing red fluorescence signals) in HA-PLGAbilirubin compared to PLGAbilirubin (Figure 2E). Furthermore, we have investigated the impact of HA-PLGAbilirubin treatment on the secretion of cytokines in LPS-treated Raw 264.7 macrophages. Our findings demonstrated a significant upregulation of major pro-inflammatory cytokines (Interleukin-1β, Interleukin-6, Tumor Necrosis Factor Alpha (TNF-α), and Interferon-Gamma (IFN-γ)) induced by LPS treatment. However, this effect was substantially attenuated by HA-PLGAbilirubin treatment (Figure 2F). These results suggest that HA-PLGAbilirubin is readily taken up by LPS-activated macrophages and has the capacity to downregulate their pro-inflammatory responses by suppressing the release of pro-inflammatory cytokines.

**Biosafety evaluation of HA-PLGAbilirubin**

A good biosafety is one of the primary prerequisites for nanomaterials used in biomedical applications. In vitro, we have conducted cytotoxicity assays using different nanoparticles, including Bilirubin, HA-PLGA-Lip, PLGAbilirubin, and HA-PLGAbilirubin at concentrations ranging from 0.1 μg/ml to 100 μg/ml on human intestinal epithelial cells (Caco2) and mouse macrophage cells (Raw 264.7) for a 24 h incubation period. The results of the MTT assay demonstrated that none of the tested nanoparticles exhibited significant cytotoxicity. In vivo, we investigated the systemic toxicity of the HA-PLGAbilirubin by blood biochemical index detection and histological assessment of major organs. After various treatment for 3 weeks, function indexes of liver and kidney, such as Alanine Aminotransferase (ALT), Aspartate Aminotransferase (AST), Alkaline Phosphatase (ALP), UREA, and Total Protein (TP), did not change significantly, suggesting that oral administration of the nanoparticles did not impair liver and renal function (Figure S9A-B). Furthermore, there were no significant changes in the level of hematological indexes, such as Red Blood Cells (RBC), Red Blood Cells (WBC), Platelets (PLT), Mean Corpuscular Hemoglobin (MCH), and Mean Corpuscular Volume (MCV) (Figure S9C). Additionally, Hematoxylin and Eosin (HE) staining was used to stain the sections of major organs (heart, liver, spleen, lungs, kidneys) and the histological results revealed no evidence of toxic effects, indicating the high biosafety of HA-PLGAbilirubin (Figure S10).

**In vivo biological distribution of HA-PLGAbilirubin**

To assess the targeting ability of HA-PLGAbilirubin, the accumulation ability of HA-PLGAbilirubin on inflamed intestinal regions was then directly tested, and their biodistribution data was measured using the In Vivo Imaging System (IVIS) fluorescence intensities (Figure 3A). Cy5.5 was used to label the free bilirubin and nanoparticles, and normal mice were treated with HA-PLGAbilirubin and Dextran Sulfate Sodium Salt (DSS)-induced mice were treated with bilirubin, PLGAbilirubin, and HA-PLGAbilirubin. Due to the protective effect of the hydrogel, there were still strong fluorescence signals at 4h in the normal mice and DSS-induced mice treated with PLGAbilirubin and HA-PLGAbilirubin, whereas the free DSS-induced mice treated with bilirubin showed decreasing fluorescence. With the extension of time, the fluorescence of normal mice and DSS-induced mice treated with PLGAbilirubin was significantly decreasing, whereas the DSS-induced mice treated with HA-PLGAbilirubin still had a strong fluorescence signal at 12h and 24h. After 24h, DSS-induced mice treated with the same dose of HA-PLGAbilirubin had a significantly higher fluorescence intensity than that of normal mice (~5.46-fold). Furthermore, orally-administered HA-PLGAbilirubin showed at least 8.64-fold and 5.57-fold level of accumulation in DSS-induced mice compared to bilirubin and PLGAbilirubin respectively (Figure 3C). The result of the ex vivo fluorescence images of major organs is consistent with the result of in vivo images (Figure 3D). Orally-administered HA-PLGAbilirubin exhibited the strongest accumulation (~6.24-fold) in inflame colon tissue compared to PLGAbilirubin (Figure 3E), indicating that PLGAbilirubin bearing HA ligands could significantly enhance the accumulation of bilirubin in the colitis tissues. In vivo pharmacokinetic studies further demonstrated that HA-PLGAbilirubin formulation could increase the Cmax of bilirubin by about 6.69-fold and overall increase in the oral bioavailability by approximately 5.24-fold when compared to the free bilirubin (Figure 3F). Furthermore, we performed fluorescence microscopy on colon tissue sections from DSS-induced colitis mice that had been orally administered Rhodamine (Rho)-HA-PLGAbilirubin. The results demonstrated substantial uptake of the nanoparticles by the inflame colon tissues, and Rho-HA-PLGAbilirubin exhibited colocalization with macrophages expressing F4/80 (Figure 3G).
Figure 3. Orally administered HA-PLGA<sub>Bilirubin</sub> specifically targets the inflamed colon of DSS-induced mice. (A) Schematic representation of in vivo imaging for the DSS-induced mice. (B) Representative images of in vivo fluorescence imaging of treating animals with Bilirubin, PLGA<sub>Bilirubin</sub>, or HA-PLGA<sub>Bilirubin</sub>, after 4h, 8h, 24h. (C) Quantification for in vivo fluorescence signal at different time-points after various treatment. (D) Representative images of organ fluorescence imaging after 24h. (E) Quantitative fluorescence intensities of the colon. (F) Plasma concentration time profile of free bilirubin and HA-PLGA<sub>Bilirubin</sub> uptake in the colon. Scale bar, 50 μm. (H) Targeted cell types in colonic tissues by Cy5.5-HA-PLGA<sub>Bilirubin</sub>. *represents p<0.05, **represents p<0.01, ***represents p<0.001, ****represents p<0.0001.
Additionally, flow cytometry analysis (Figure 3H; Figure S12) revealed that three major types of macrophages (CD11b^CD11c^, CD11b^F4/80^, and CD11c^F4/80^ cells) exhibited uptake of Cy5.5-HA-PLGA\textsubscript{Bilirubin} along with dendritic cells (CD11b^CD11c^ cells; ~14.6%) and epithelial cells (EpCAM^ cells; ~16.5%). In contrast, neutrophil uptake (CD11b^Ly6G^ cells) was minimal (~0.46%). Notably, in the inflamed colon of DSS-induced colitis mice, the uptake of EpCAM^ cells for HA-PLGA\textsubscript{Bilirubin} was significantly reduced compared to the normal colon, suggesting compromised epithelial barrier integrity under colitis conditions. These findings collectively indicate that under conditions of colitis, orally administered HA-PLGA\textsubscript{Bilirubin} is predominantly taken up by activated macrophages in the inflamed colon exhibiting impaired epithelial barrier function.

**Effective recovery of the morphology and function of the inflamed colon by HA-PLGA\textsubscript{Bilirubin}**

To assess the therapeutic effect of HA-PLGA\textsubscript{Bilirubin} against colitis, DSS-induced mice were treated with PBS, free bilirubin (30 mg/kg) and corresponding dose of various nanoparticles formulations the oral route on days 0, 2, 4 and 6 [42] (Figure 4A). Compared with PBS and other treatment groups, the DSS-induced mice given HA-PLGA\textsubscript{Bilirubin} significantly prevented animals from bodyweight loss (Figure 4B), lower Disease Activity Index (DAI) values (Figure 4C), and shorter colon lengths (Figure 4D). Next, HE staining was used to stain colon tissue samples treated with different groups to evaluate the histological damages (Figure 4E). Compared with control health mice, DSS-induced mice showed significantly larger inflammation, characterized by depletion of goblet cells, mucosal thickening, colonic epithelium damage, inflammatory cell infiltration. Obviously, HA-PLGA\textsubscript{Bilirubin} treatment showed significantly reduction of these inflammatory appearances than all other treatment groups and was similar to the healthy control group. Notably, histological damage of HA-PLGA-lip (empty biomaterial without bilirubin) group was similar to that in DSS-induced mice, indicating HA-PLGA\textsubscript{Bilirubin} may exhibit their effects via increasing the accumulation of bilirubin and not HA or PLGA. DSS-induced mice treated with PLGA\textsubscript{Bilirubin} did not reach full histological recovery, suggesting HA contributed to the retention and therapeutic efficacy of bilirubin in the inflame colon. Given that DSS-induced colitis is known to cause disruptions in intestinal tight junctions and barrier integrity, we evaluated changes in the expression of tight junction-related proteins, such as ZO-1 and Occludin-1. Immunohistochemistry (IHC) and mRNA expression analyses were performed, and the results (Figure 4F-G) revealed significant reductions in the levels of these proteins in the colonic tissue of mice treated with PBS and HA-PLGA-lip, as expected. While bilirubin and PLGA\textsubscript{Bilirubin} treatments demonstrated slight restoration of these proteins, the treatment with HA-PLGA\textsubscript{Bilirubin} significantly restored the levels of ZO-1 and Occludin-1 in the colon, bringing their protein and mRNA levels back to levels similar to those in the normal control group. In terms of intestinal permeability, we assessed this by monitoring serum fluorescence intensity following the oral administration of fluorescein isothiocyanate-labeled dextran (FITC-dextran). As anticipated, the HA-PLGA\textsubscript{Bilirubin} treated group exhibited the lowest serum fluorescence intensity among all treatment groups (Figure 4H), indicating the lowest intestinal permeability. On the other hand, MPO level were the crucial indicators to evaluate the inflammation function repair of ulcerative colitis. As shown in Figure 4I, HA-PLGA\textsubscript{Bilirubin} treatment decreased the level of MPO activity than other treatment \(p<0.001\). Together, all these findings demonstrated that HA-PLGA\textsubscript{Bilirubin} exhibited effective recovery of the bowel's morphology and intestinal barrier function.

**Promotion of colonic epithelial/stem cells regeneration after treatment with HA-PLGA\textsubscript{Bilirubin}**

Modulation of epithelial proliferation/apoptosis, and stem cell regeneration were the crucial processes maintaining the homeostasis of intestine epithelial system [43, 44]. In this study, Proliferating Cell Nuclear Antigen (PCNA) and Terminal deoxynucleotidyl transferase dUTP Nick End Labeling (TUNEL) staining were used to evaluate proliferation and apoptosis of intestine epithelial cells. Compared with other treatment, HA-PLGA\textsubscript{Bilirubin} treatment did significantly promote colonic epithelial proliferation and reduce apoptosis (Figure 5A-C). Fast-cycling Lgr5\textsuperscript{+} intestinal epithelial stem cells (IESC) appear to support colonic epithelium regeneration [32], which may result in the renew and recovery of epithelium after intestinal inflammation. Herein, we used immunofluorescence staining for Lgr5 to quantify Lgr5 expression and localize lgr5\textsuperscript{+}IESC. As expected, DSS-induced mice and HA-PLGA-lip group both had a visible loss of IESC density in the colonic crypts (Figure 5A). Obviously, a significant higher density of Lgr5\textsuperscript{+}positive IESC was observed in the intestinal crypts of HA-PLGA\textsubscript{Bilirubin} and PLGA\textsubscript{Bilirubin} treatments compared to other groups (Figure 5D). Moreover, DSS-induced mice given HA-PLGA\textsubscript{Bilirubin} showed a
more drastic proliferation of IESC in the colonic crypts than that of DSS-induced mice treated with PLGA_{bilirubin}, indicating the optimal stem cell regeneration performance of HA-PLGA_{bilirubin}.

Figure 4. In vivo therapeutic efficacy and recovery of impaired intestinal barrier of HA-PLGA_{bilirubin} in the mice with DSS-induced ulcerative colitis. (A) Schematic illustration presenting the treatment regime of the DSS-induced ulcerative colitis. Mice were fed with drinking water or drinking water containing 3% DSS for 5 days. On days 0, 2, 4, 6, mice were treated with PBS or 30 mg kg^{-1} of Bilirubin, HA-PLGA-lip (with 100K HA at equivalent mass), PLGA_{bilirubin} (with 30 mg kg^{-1} bilirubin at equivalent mass), HA-PLGA_{bilirubin} (with 100K HA and 30 mg kg^{-1} bilirubin at equivalent mass) and mice were subsequently sacrificed at day 9. (B) Body weight changes of the mice for 9 days. (C) Disease activity index (DAI) of the mice for 9 days. (D) Statistic colon length at day 9. (E) The representative microscopic and the representative HE staining image of colon tissue after various treatment. Scale bar, 250 μm. (F) Fluorescence microscopy depicting the expression levels of ZO-1 and Ocludin-1 in the colon tissues. Scale bar, 100 μm. (G) mRNA expression levels of ZO-1 and Ocludin-1 in colon tissues. (H) FITC-dextran assay for measuring intestinal permeability. (I) MPO level in the colon tissues after various treatment. *represents p<0.05, **represents p<0.01, ***represents p<0.001, ****represents p<0.0001. ns: not statistically.
Figure 5. Effects of HA-PLGAbilirubin on inflamed colon cell proliferation, apoptosis and stem cell regeneration. (A) Representative Immunohistochemical images for PCNA staining (Scale bar, 140 μm), and the representative immunofluorescence images for TUNEL staining (Scale bar, 140 μm) and Lgr5 staining (Scale bar, 50 μm). (B) Quantitative analysis of the immunohistochemical staining of PCNA. (C) Quantitative analysis of the immunofluorescence staining of TUNEL. (D) Quantification of Lgr5 immunofluorescent staining. *represents $p<0.05$, **represents $p<0.01$, ***represents $p<0.001$, ****represents $p<0.0001$.

Alleviation of the angiogenesis and inflammation after treatment with HA-PLGAbilirubin

Massive angiogenesis cascade strongly correlated with the progression of experimental colitis [45]. Herein, the reduction of angiogenesis was assessed by CD31 (an endothelial marker) staining and vascular endothelial growth factor A (VEGF-A) expression level. As shown in Figure 6A, the amount of CD31 positive cells in inflamed mucosa of DSS-induced mice was significantly higher than in control healthy mice, which is consistent with previous study [45]. Conversely, HA-PLGAbilirubin treatment significantly decreased the mean vessel density and area, as well as VEGF-A level (Figure 6B-C) in the colon mucosa than that of PLGAbilirubin treatment. On the other hand, Enzyme-Linked Immunosorbent Assay (ELISA) method was used to determine inflammatory factors measurement of tissue homogenate. HA-PLGAbilirubin treatment significantly increased the level of anti-inflammatory cytokines of Transforming Growth Factor Beta (TGF-β) and Interleukin-4 (IL-4) (Figure 6D-E), and reduce the level of pro-inflammatory cytokines of IL-1β (Figure 6F), IL-6 (Figure 6G), TNF-α (Figure 6H) compared to DSS-induced mice and HA-PLGA-lip. Among three bilirubin formulations, HA-PLGAbilirubin treatment displayed the most obvious amelioration on inflammation and angiogenesis, suggesting that the assembly of HA and PLGA could enhance the potential effect of bilirubin on DSS-induced colitis.

HA-PLGAbilirubin treatment reprograms transcriptional landscape in vivo

To further demonstrate the recovery mechanism of HA-PLGAbilirubin in vivo, colon tissues were harvested from control healthy mice and DSS-induced
mice treated with PBS, PLGA\textsubscript{bilirubin}, HA-PLGA\textsubscript{bilirubin} for transcriptomic analyses. A total of 1,969 genes was differentially expressed between DSS-induced mice given PBS and HA-PLGA\textsubscript{bilirubin} ($p_{\text{adjust}}<0.05$, $|\log_{2}\text{FoldChange}| \geq 2$), of which 818 genes were upregulated and 1,151 genes were downregulated (Figure 7A). Significant differences existed between the groups in terms of the expression level of these 1,969 genes (Figure S13A). Gene Ontology (GO) enrichment analysis showed that these Differentially Expressed Genes (DEGs) were mainly involved in the regulation of inflammatory response, regulation of epithelial cell proliferation, defense response to bacterium, regulation of innate immune response, and regulation of apoptotic signaling pathway (Figure 7B). In the Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway analysis, enriched pathways and diseases included inflammatory bowel disease (IBD), TNF-signaling pathway, and IL-17 signaling pathway (Figure 7C; Figure S13B–C). More specifically, upregulated genes were mainly associated with the metabolism modulation, including fatty acid metabolic process, retinol metabolism, and acid metabolism (Figure S14A–B).

![Figure 6](https://example.com/figure6.png)

**Figure 6.** HA-PLGA\textsubscript{bilirubin} against ulcerative colitis via alleviating angiogenesis and inflammation of inflamed colon. (A) Representative immunofluorescence images for CD31 staining after various treatment. Scale bar, 240 μm. (B) The mean vessel density (MVD) and mean vessel area/mm² (MVA) of mucosa were quantified. (C) VEGF-A level in the colon tissues after various treatment. (D, E, F, G, H) Inflammatory factor level of TGF-β (D), IL-4 (E), IL-1β (F), IL6 (G), and TNF-α (H) in the colon tissues after various treatment. *represents $p<0.05$, **represents $p<0.01$, ***represents $p<0.001$, ****represents $p<0.0001$. 

https://www.thno.org
Figure 7. Transcriptomic analysis of the colon tissues. (A) A Volcano plot presenting the significantly differentially expressed genes (p<0.05 and |Log2 Fold change| ≥2) between DSS+HA-PLGA-abilirubin group compared to the DSS group, including 818 upregulated genes and 1,151 downregulated genes. (B, C) GO enrichment analysis (B) and KEGG pathway analysis (C) of the significantly differentially expressed genes. (D, E, F) The heatmap of differentially expressed genes associated with regulation of inflammatory response (D), defense response to bacterium (E) and regulation of innate immune response (F). (G) Venn diagram of the differentially expressed genes between comparisons. 11 genes regulate both regulation of inflammatory response and regulation of innate immune response. (H) Functional association networks of the co-expressed genes that allow the simultaneous regulation of both regulation of inflammatory response and regulation of innate immune response.
The downregulated genes were mainly involved in the regulation of inflammatory response, positive regulation of defense response, Toll-like receptor signaling pathway, and NOD-like receptor signaling pathway, which played a key role in the inflammatory and immune responses (Figure S14C-D). Moreover, we further analyzed the function of innate immunity and host defense-related genes, and gene set with specific functions of each group indicated that regulation of inflammatory response-related genes (Figure 7D), defense response to bacterium-related genes (Figure 7E), and regulation of innate immune response-related genes (Figure 7F) were obviously downregulated in HA-PLGA<sub>bilirubin</sub> treatment. As inflammation and immune regulation are highly associated with UC recovery [46], we obtained 11 genes that participated in the regulation of inflammatory response and regulation of innate immune response together after HA-PLGA<sub>bilirubin</sub> treatment (Figure 7G). A PPI analysis revealed significantly enriched interactions between those genes (Figure 7H). Furthermore, we have included Western blot experiments to investigate the expression levels of key proteins involved in the TNF and Interleukin-17 (IL-17) signaling pathways, such as TNF-α and IL-17A, providing additional evidence for the therapeutic role of HA-PLGA<sub>bilirubin</sub> hydrogels. Our results show that TNF-α and IL-17A protein levels are significantly increased during the inflammatory process, and HA-PLGA<sub>bilirubin</sub> hydrogels can significantly reduce the expression of these two proteins (Figure S15), indicating that HA-PLGA<sub>bilirubin</sub> hydrogel may repair DSS-induced colitis by negatively regulating the TNF and IL-17 signaling pathways. Together, HA-PLGA<sub>bilirubin</sub> treatment significantly elicit a regulation of inflammatory response and innate immune response to repair DSS-induced colitis.

**Discussion**

To our knowledge, our study is the first attempt to combine the pH-responsive hydrogels with HA-based bilirubin for the dual-targeting treatment of UC. Compared with previous studies which suffer from HA’s susceptibility to diffusion or degradation in digestive juice [18, 19], our proposed nanoparticles overcome these dilemmas, and dramatically improve the release and accumulation of bilirubin at the inflammatory location of UC through pH-responsive reaction and HA-targeted inflammatory macrophages mechanism. Moreover, our in vivo experiments support the potent therapeutic efficacy of HA-PLGA<sub>bilirubin</sub> and show some novel recovery mechanisms associated with intestinal epithelial/ stem cell regeneration and immune response modulation capabilities.

The study has certain strengths. First, we have enhanced the oral applicability of traditional HA-bilirubin nanoparticles by introducing pH-responsive hydrogels. In the previous study, Lee et al. and Huang et al. have designed HA-bilirubin nanoparticles through amphiphilic conjugation effects between HA and bilirubin [18] or self-assembly of ε-polysylsine-bilirubin and HA [19]. However, HA-based nanoparticles may suffer from their uncontrollable systemic diffusion and adverse systemic effects during oral administration delivery to treat colon disease [47]. To eliminate the impact of HA, we embedded them into a pH-responsive hydrogel, and this binding may protect the HA-based bilirubin from premature degradation and bursting release by gastric proteolytic enzymes. As expected, our study showed that hydrogels may not only protect HA-based bilirubin from premature degradation by gastric enzymes, but also allows HA-based bilirubin to be targeted to specific sites in the gastrointestinal tract without premature release. Therefore, combination of hydrogels and HA-bilirubin nanoparticles may be a highly effective approach for accelerating the healing process of ulcers in UC mice.

Second, we further investigated and observed the therapeutic effects and mechanisms of HA-PLGA<sub>bilirubin</sub> hydrogels in UC. Previous studies have reported that bilirubin exerts antioxidative, anti-inflammatory, and immunoregulatory effects against various inflammatory diseases [16, 48-50]. However, these studies on the mechanisms underlying the therapeutic effects of bilirubin in UC have been relatively superficial and require to be further clarified. In our experiments, the prepared bilirubin nanoparticles were found to be able to repair damaged colon in UC with the superior therapeutic effects compared to bilirubin therapy alone. Further experiments revealed that such beneficial effects were associated with the modulation of intestinal epithelial/stem cells regeneration and decreasing of angiogenesis and inflammation. In particular, this is also the first demonstration that HA-PLGA<sub>bilirubin</sub> treatment can ameliorate DSS-induced colitis by modulating colonic epithelial/stem cells regeneration, which extends our knowledge on the therapeutic mechanisms of bilirubin [51-53]. By shedding light on this innovative area of research, our findings may pave the way for the development of bilirubin for the treatment of chronic inflammatory conditions.

At last, we explored the potential immune mechanism of HA-PLGA<sub>bilirubin</sub> hydrogels in recovering mucosal damage in UC. Previous studies indicated that innate immune responses played a vital role in the development and protection of UC [54-58].
Similarly, we uncovered the significant alteration of innate immune responses before and after HA-PLGA\textsubscript{bilirubin} treatment using transcriptome profiling [59]. This alteration was especially related to TNF and IL-17 signaling pathway, which have been reported to be critically involved in the pathogenesis of various inflammatory disorders including UC [60-62]. Herein, our findings demonstrated that HA-PLGA\textsubscript{bilirubin} hydrogels may play a therapeutic role by modulation of innate immune responses especially negative regulation of TNF and IL-17 signaling pathway. As UC is a polygenic disease related to immunodeficiency [63, 64], we further screened 11 genes including TNF that interact with it, which may provide potential targets of intervention for UC.

Conclusions

To sum up, our work developed a novel bilirubin delivery system that formed by hydrogel encapsulating hyaluronic acid (HA)-functionalized PLGA/liposome nanoparticles (HA-PLGA\textsubscript{bilirubin}). The prepared nanoparticles exhibit potent pH-responsive delivery and HA-targeting functions, which enhances the repair effects of bilirubin via modulation of intestinal epithelial/stem cells regeneration and immune response. It is envisaged that this study will provide a safe and promising oral drug delivery system for the treatment of ulcerative colitis.

Supplementary Material

Supplementary figures and table. https://www.thno.org/v14p0528s1.pdf

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Author contributions

ZWZ, KHG, YJL, and QY analyzed and organized the data; ZWZ wrote this manuscript; ZWZ, HHW, RJZ, RJ, JWL, and RW generated the figure and tables; HC, YLF, WHS, and QZL designed, revised and supervised the study. All authors reviewed and approved the final manuscript.

Data availability

All data included in this study are available upon request by contact with the corresponding author.

Competing Interests

The authors have declared that no competing interest exists.

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